

TRANSFORMATIONAL COACHING FOR LEADERS

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2 - Day Online Training Course

29th & 30th September 2021 | Time: 9:00AM – 4:00PM



WHY TAKE THIS TRAINING COURSE?

Employees worldwide rate “being a good coach” as one of the most important factors of being an effective leader. Although demand for it is at its highest ever, coaching skills are in short supply.

Leaders and organisations that are equipped with the right mindsets and skills sets are uniquely placed to leverage this competitive advantage, to boost employee engagement, workforce creativity, productivity and performance – outperforming the competition and attracting the best talent.

The purpose of the course is to equip leaders with the mindset and skillset of coaching. Focusing on experiential learning, participants will have the opportunity to practice and receive feedback on their newly acquired coaching skills.

By the end of the course, you will have a clear idea about what coaching is, how coaching could fit into your life and role, and how it can help to transform your performance and that of your organisation. You will know how to have powerful coaching conversations with your team on any topic using skills based on scientific and practical research.

TRAINING COURSE DETAILS:

You will learn:

- What coaching is
- How to consciously leverage your presence and coaching skills
- How to create deep and powerful coaching relationships
- Introduction to the neuroscience of coaching
- Key coaching mindsets and skills
- How to have powerful, transformative coaching conversations

- How to apply these mindsets and skillsets to transform your own impact and that of your organisation

DAY 1:

Morning session: *Introduction to Coaching*

In our first session, we will introduce you to the history of coaching, what coaching is and the philosophy and science behind it.

You will learn the difference and synergy between coaching mindset (Being) and coaching skills (Doing), and how to harness both to transform your impact and those you are coaching.

You will also learn the science and practice behind how we self-sabotage.

Afternoon session: *Coaching Mindset and Skills Part 1*

In this session, we will teach you how to have powerful conversations that matter. You will learn how to structure a coaching conversation, and the mindset and skill of powerful listening and powerful questioning. You will be able to apply this to all areas of your life and leadership, not just in the context of coaching.

DAY 2:

Morning session: *Coaching Framework – Coaching Mindset and Skills Part 2*

In the morning of Day 2, we continue our deep dive into the key mindsets and skills behind powerful coaching.

Afternoon session: *Afternoon session: Coaching in Practice – Shifting States, Nurturing Nature*

Transformative coaching employs two fundamental concepts: shifting states and nurturing nature (“SSNN”). We will learn how to apply the key mindsets and skills to this SSNN model of change,

expanding our capacity as coaches and as human beings.

We will also explore how you might apply these new learnings into your role, making the learning real. We will explore the ethical considerations of bringing these skills to the workplace and where you will be able to have the greatest impact on your team members and coachees.

THE INSTRUCTORS:

Professional Background

1st Trainer: CPCC, ACC, MGSCC, PQ Coach

He is Cambodia's only Certified Professional Co-Active Coach™ [CPCC], an Associate Certified Coach™ [ACC], Certified Marshall Goldsmith Stakeholder Centred Coach [MGSCC], the country's first professional coaching training program. He is also the Co-Founder of Spark18, a Leadership Coaching Company based in Singapore that helps clients lead from a place of mind-heart integration.

His partners with his clients to transform their lives, relationships and workplaces, leading to greater happiness and performance. Underlying his work is the belief that people are naturally creative, resourceful and whole. He is trained with Co-Active Training Institute, the oldest coach training school and one of the most innovative leadership training organisations in the world. In addition to this, he holds certification with the ICF and Marshall Goldsmith, the world's premier executive coaching process that has measurably improved 95% of the 11,000 business leaders who have been through it, and is a Positive Intelligence Pioneer Coach.

Prior to coaching, he worked in HR and executive pay for Deloitte, Prudential and Nomura. He continues to run a boutique executive pay practice in Cambodia.

2nd Trainer: Qualified Life Coach and PQ Coach

She is a certified life coach from Cambodia Coaching Institute and a professionally trained PQ Coach, a Positive Intelligence Coach, a Certified Yoga Teacher in holistic yoga, meditation, mindfulness and yoga therapy and holds a master's degree in human resources management from Paris XIII University. Currently, she is the Lead Coach for an Incubator programme with Impact Hub Phnom Penh.

Prior to coaching, she has multicultural background and interest for understanding human psychology led her to develop the first part of her career in Human Resources, specialised in Global Mobility while working for large blue chips organizations such as Alcatel-Lucent, AXA Assistance, Ernst & Young, Mars Chocolate UK and AstraZeneca.

WHO IS THIS COURSE FOR?

- Executives and Senior Management
- Heads of HR / Talent / Organisational Development
- Entrepreneurs
- Experienced professionals looking to amplify their impact through coaching but are not yet committed to professional coaching

2-Day Training

Day One: 29th September 2021

Day Two: 30th September 2021

Time: 9:00AM – 4:00PM

[Both days with one-hour lunch break]

Member price: \$250

Non-member: \$300

If interested in this course, for you and your staff please contact below